

FALL PREVENTION

3 of the Top 5 Most Frequently Cited Violations Relate to Construction Falls*

* Source: US Department of Labor Fiscal Year

Protect your workers from preventable injuries and deaths with these three steps:

Fall Protection, Construction 5,295 Violations



Ladders 2,026 Violations



Scaffolding 1,948 Violations



1 Train

Train your employees to the proper OSHA standards

29 CFR 1926.501

29 CFR 1926.1053

29 CFR 1926.451

2 Equip

Equip your workers to do their jobs safely

- Wear your harness
- Always use your guardrails or lifelines
- Cover all holes and openings

- Choose the right ladder for the job
- Maintain three points of contact
- Use towlines or a toolbelt for safe hands-free carrying

- Use fully planked scaffolds
- Erect scaffold with proper guardrails
- Never overload or overcrowd the scaffold

3 Inspect

Inspect your equipment before each use

- Always inspect personal fall arrest systems
- Ensure your harness has a tight fit. Loose-fitting harnesses contribute to injury in many cases.

- Ensure the ladder is on level footing
- Properly secure the ladder
- Wear proper footwear and clean the soles for maximum traction

- Have a competent person inspect your scaffolds
- Ensure you're on stable ground
- Confirm you have proper access to the scaffold